

Quin and Me: Fruits from A to Z!!



Words by Cleome Bernick-Roehr

Art by Mary Alaback

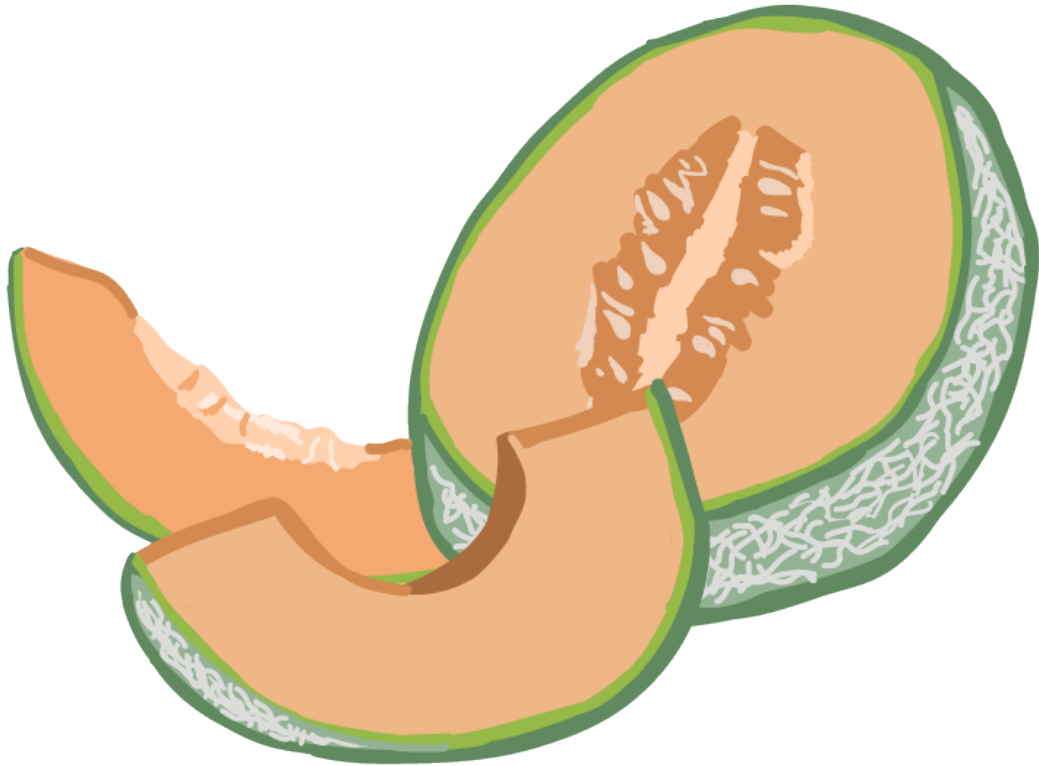
A is for apple, a red, green or yellow crunch



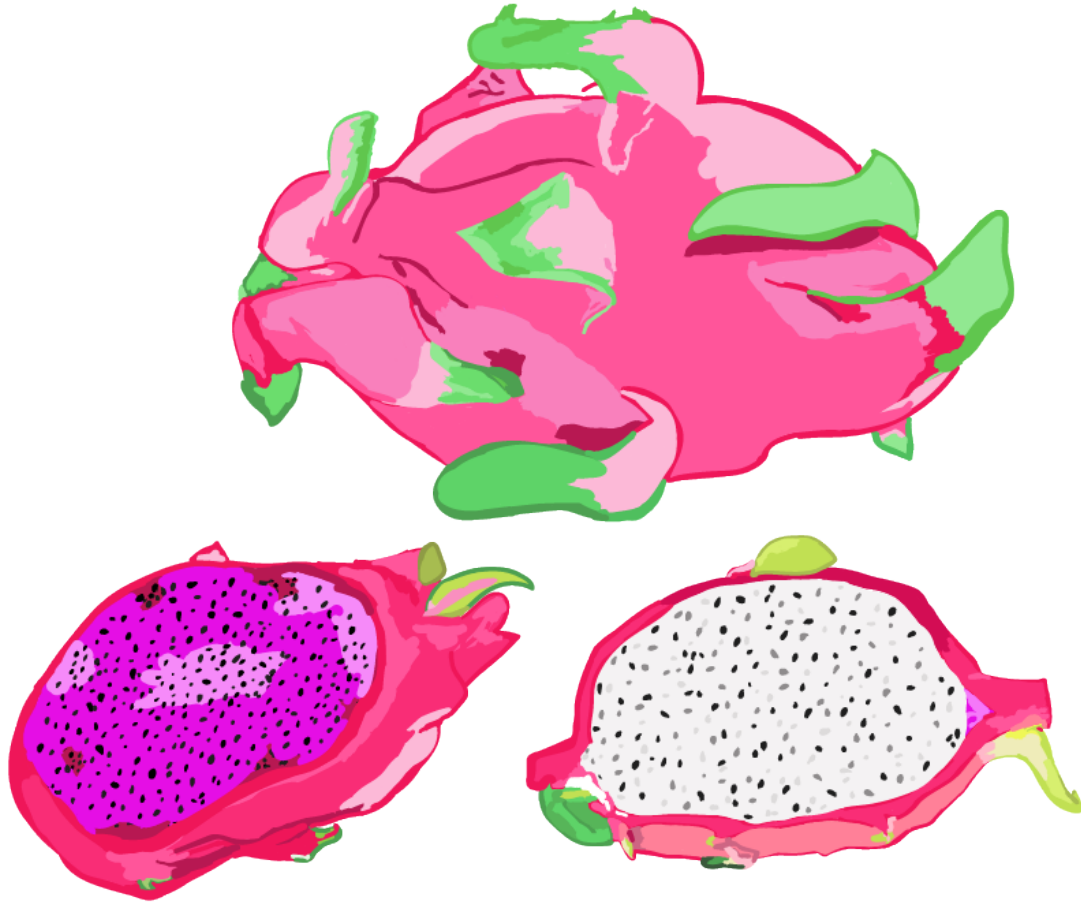
B is for blueberry, part of a black bear's lunch



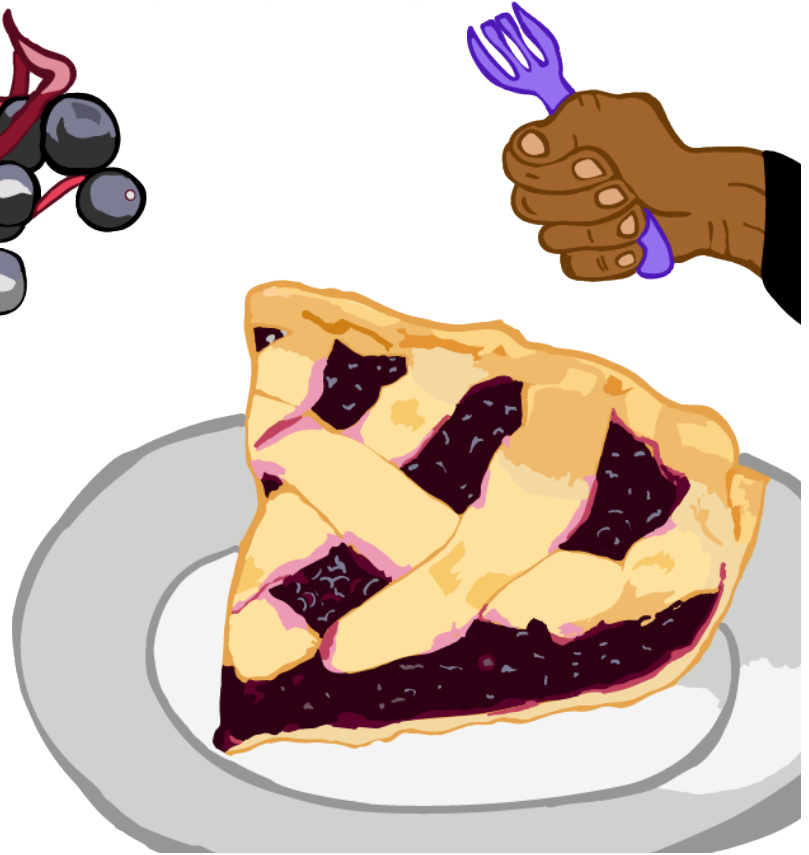
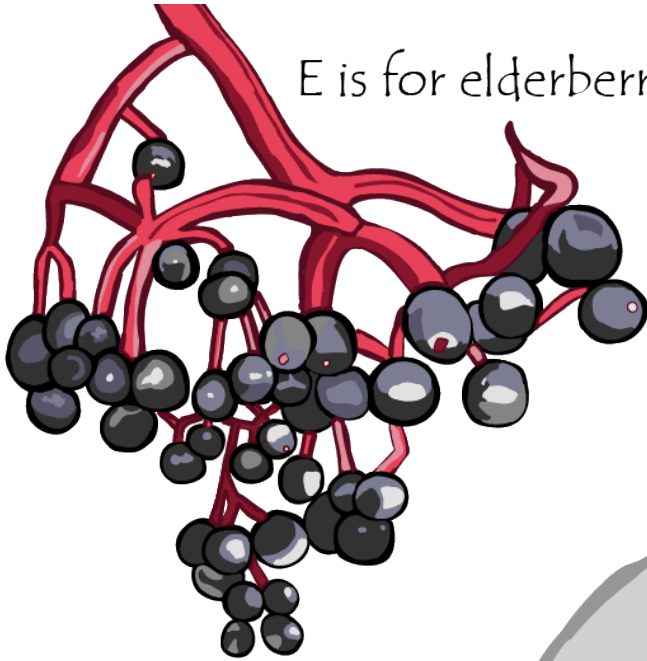
C is for Cantaloupe, so sweet and juicy when ripe



D is for dragonfruit, whose flesh can be studded **purple** or white



E is for elderberry, so yummy baked in a pie!



F is for fig, which you can eat:

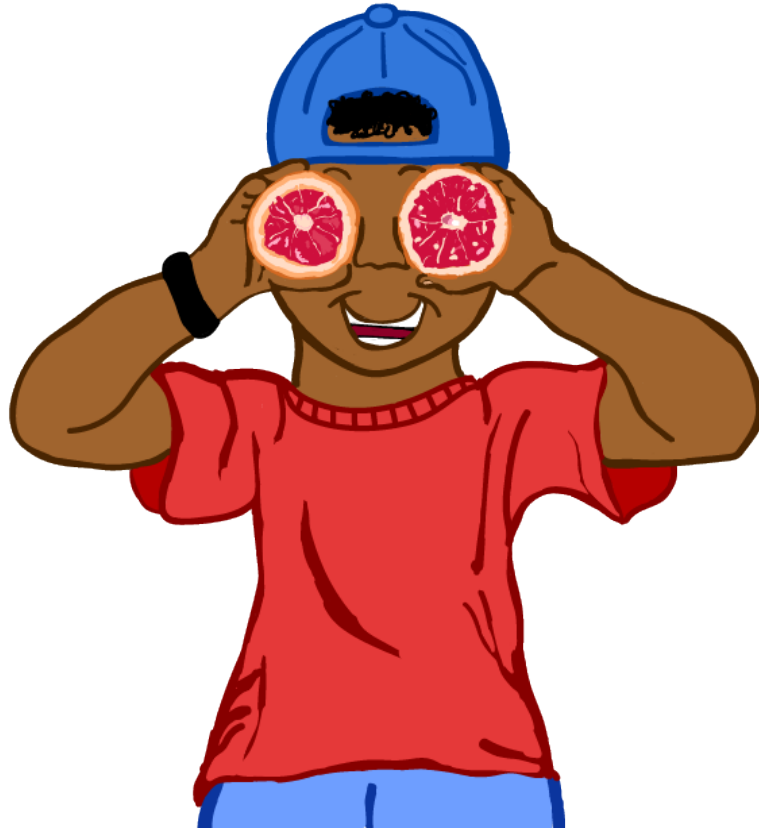
fresh,

frozen,

or dried



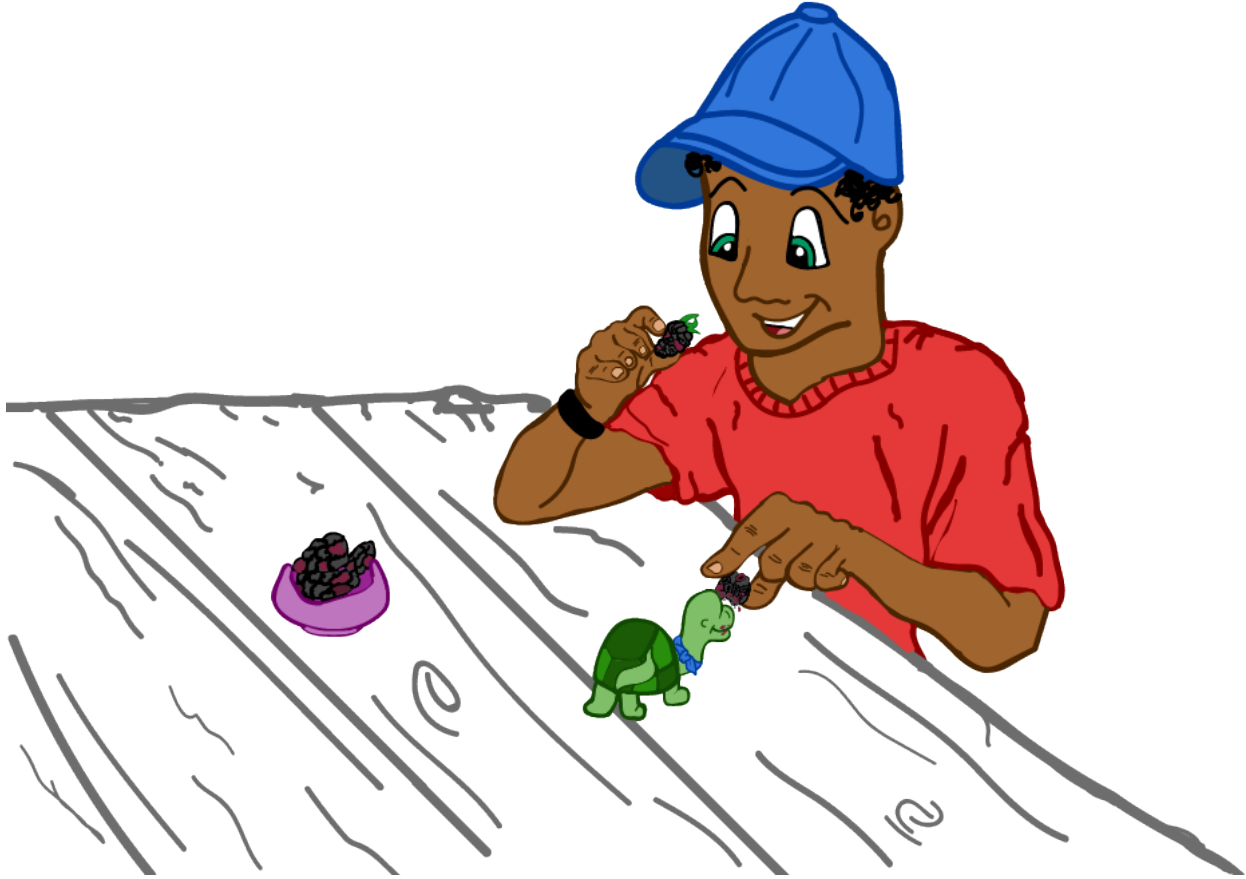
G is for grapefruit, pink and tart like a lemon



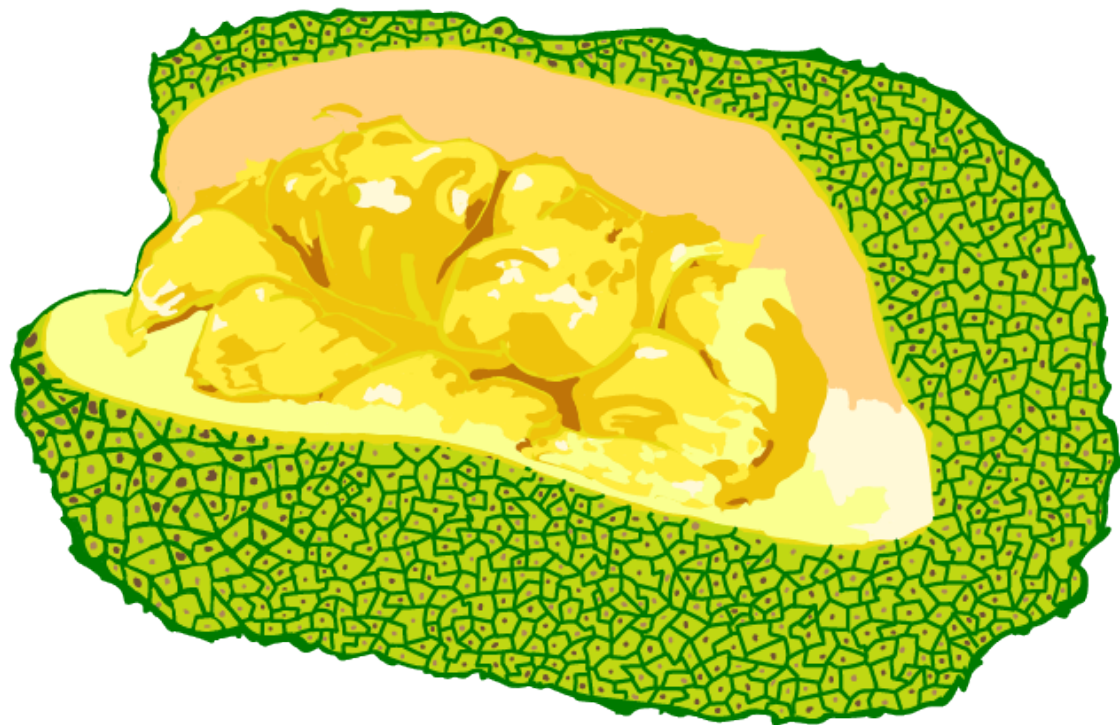
H is for honeydew, a pale green summer melon



I is for itty-bitty, like the bites we take when foods are new!



J is for jackfruit, which vegans eat like barbeque



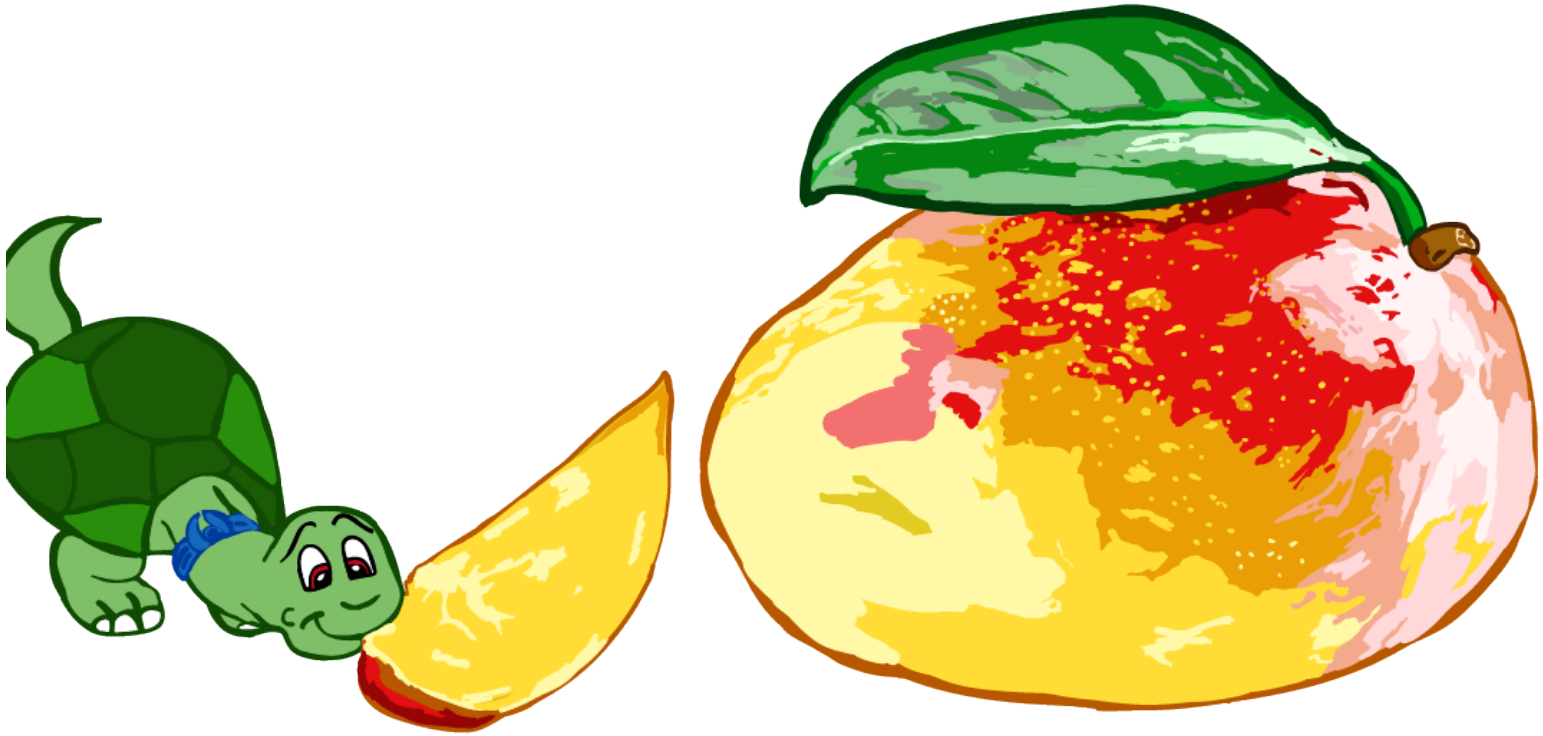
K is for kumquat, whose skin you can eat



L is for lime, which I can squeeze into a refreshing cold treat



M is for mango, a dessert all on its own!



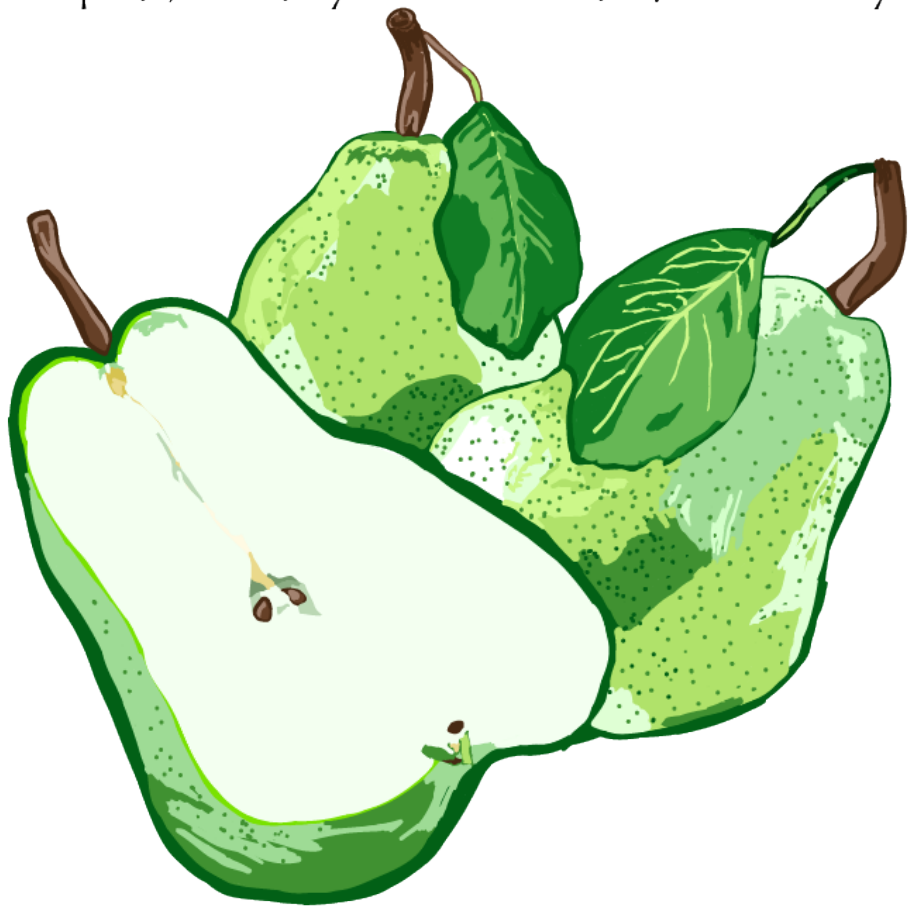
N is for nectarine, with a pit called a stone



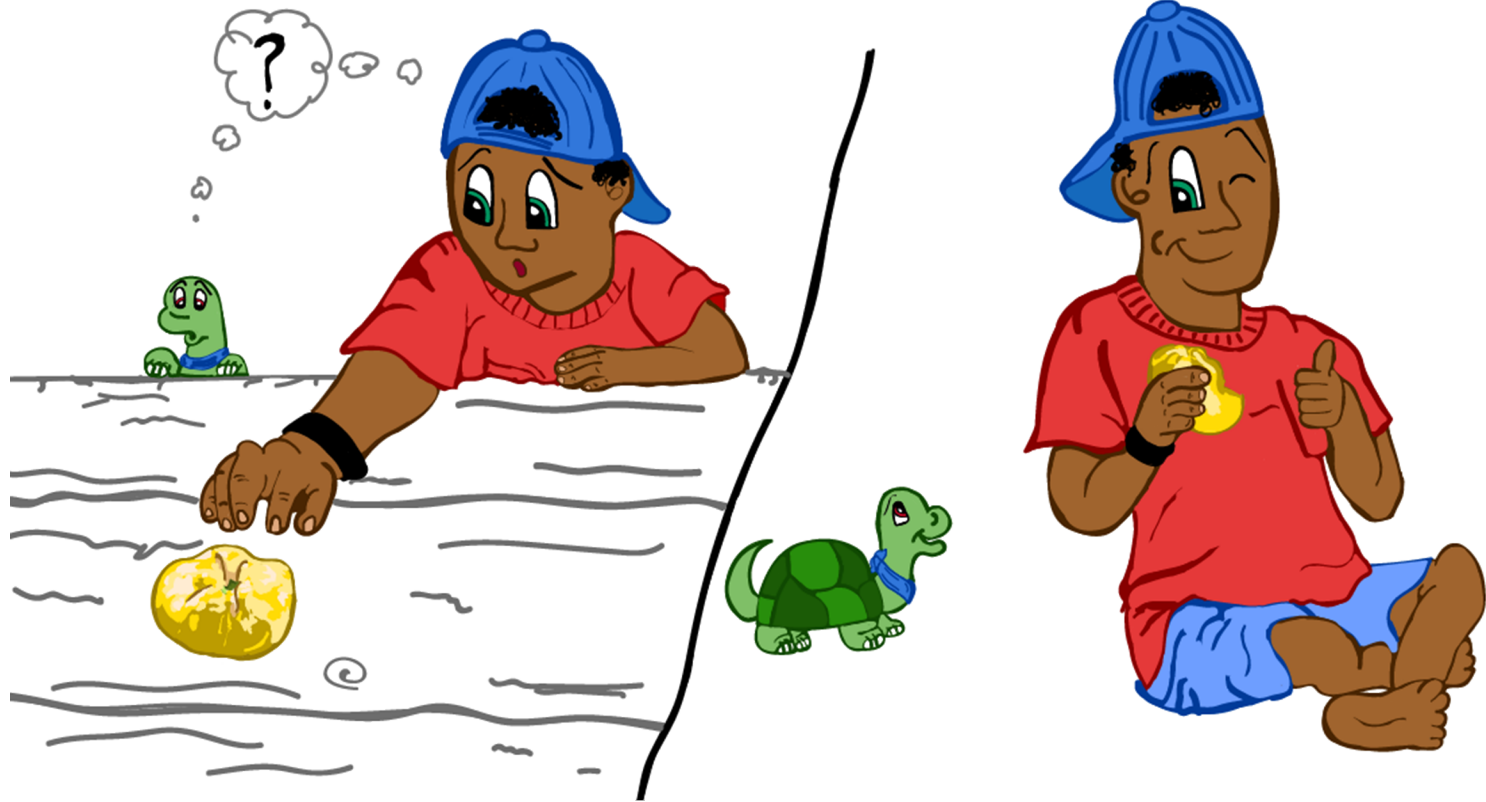
O is for orange, a sweet treat in winter months



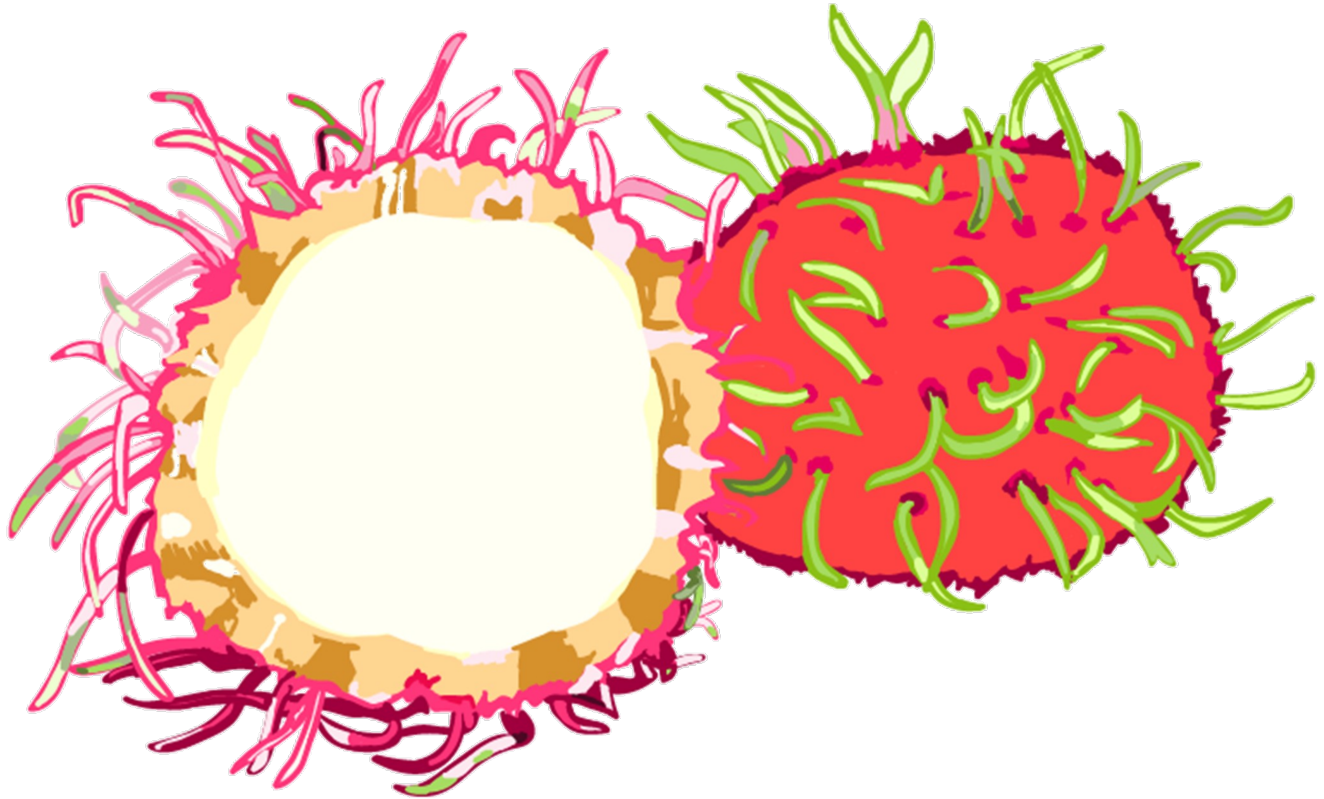
P is for pear, so tasty when soft and when they crunch



Q is for quince, like a mix between an apple and a pear!



R is for rambutan, named after the Indonesian word for "hair"



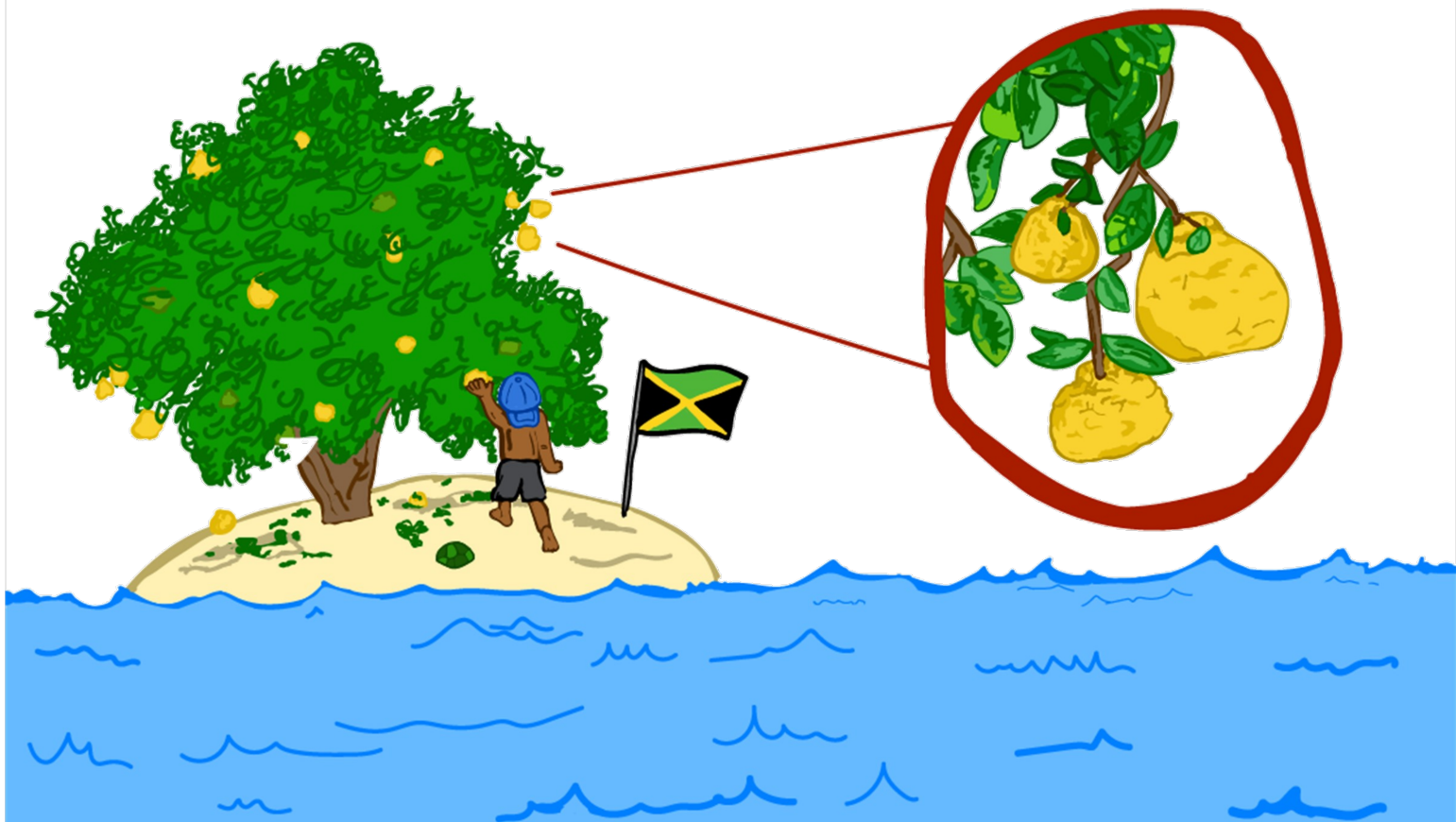
S is for strawberry, with skin covered in many a tiny seed



T is for tangerine, a small, sweet orange on which birds like to feed



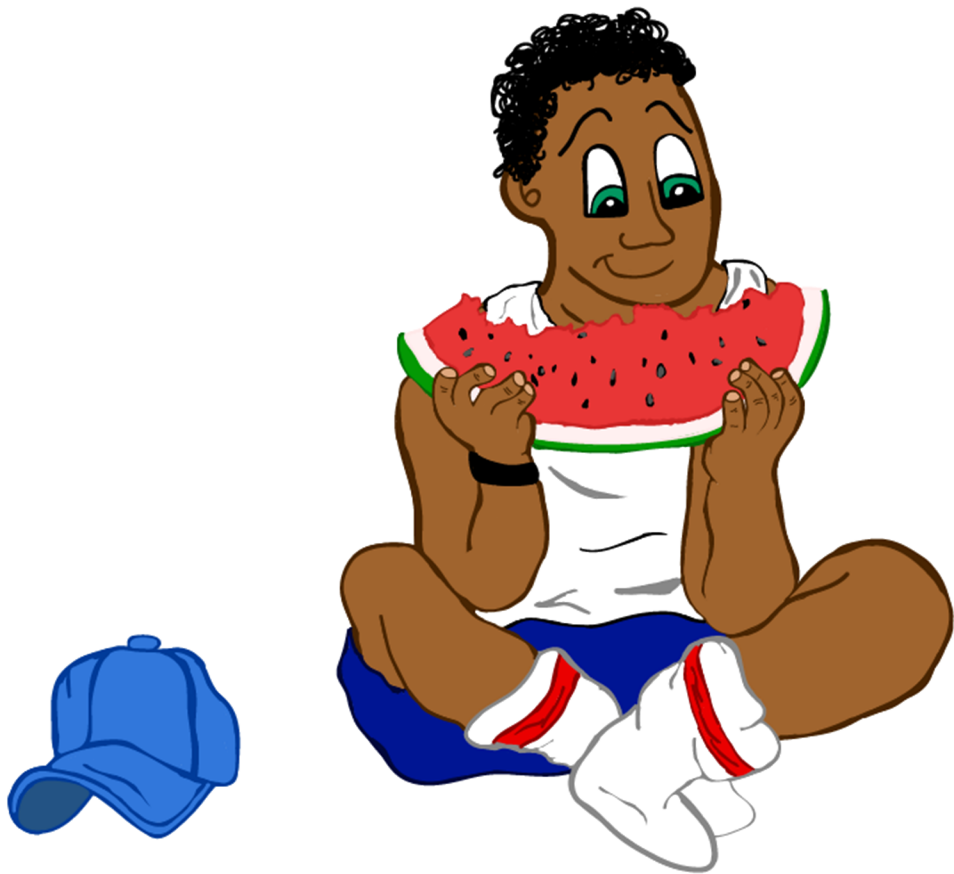
U is for ugli fruit, which grows best in Jamaican neighborhoods



V is for vanilla bean, an essential ingredient for all baked goods



W is for watermelon, a refreshing treat after a long hike



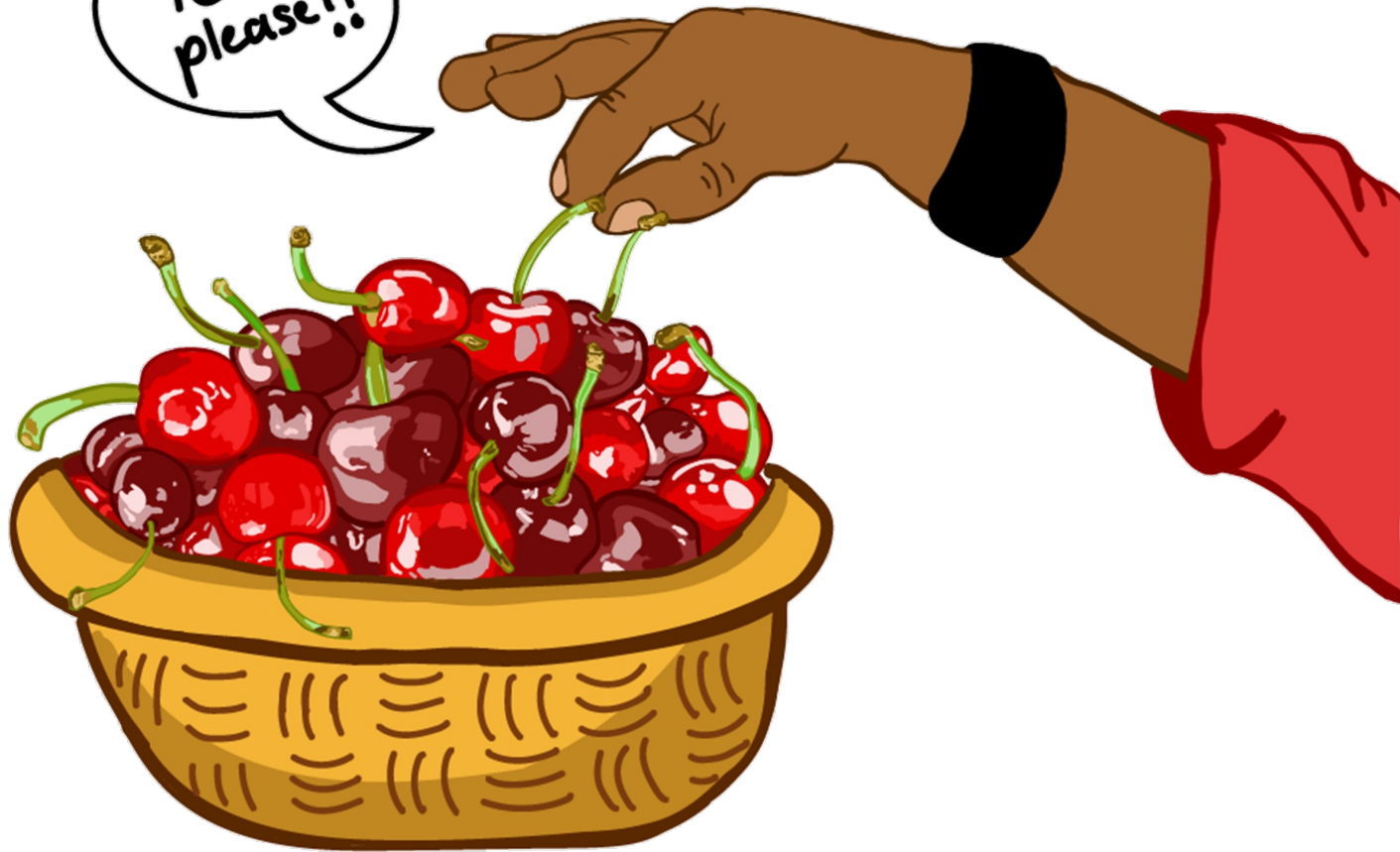
X is for **excitement**, how we feel when we eat fruits that we like!



Y is for



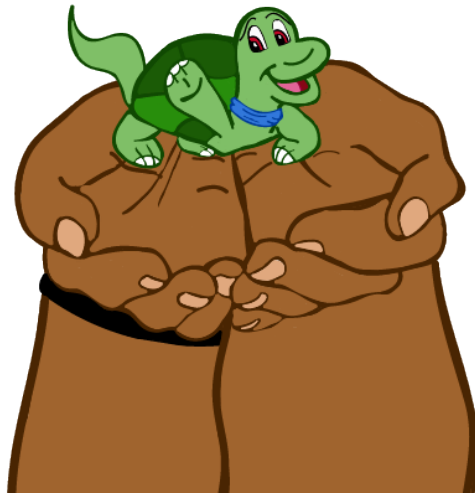
which is what we say when we're offered new bites!



Z is for zucchini, which is a fruit and not a veggie- surprise!



The End



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